



March 2019 Newsletter

5th Anniversary Year Classes

The Berkshire CKD 5th Anniversary is almost upon us. Classes on Saturday 2nd March will be at the usual times 10.30-11.30 & 11.30-12.30 but we will be splitting the kids and adults during the first class so we can do some fun drills and activities with the children.

We are pleased to say we have secured the services of a professional martial arts photographer to take some photos during the two classes, these will mainly be action shots so bring your A game to class on Saturday and you may just feature in a professionally taken photograph showing off your skills! We will also be taking a group photo and to make sure there are as many students as possible in the photograph this will be taken between the first and second classes so please ensure you do not disappear straight after the first class or that you don't turn up late to the second class as you may miss out.

We hope as many students as possible can make it to the anniversary class so even if you only normally do one class a week on a Wednesday, feel free to come down and join us on the Saturday to do some extra classes. Not to bribe anyone to come to class Saturday but we may or may not have also ordered a giant chocolate fudge cake for everyone to enjoy....

Anniversary Social Outing to Gravity Force Trampoline Park

For those of you coming to the get together at Gravity Force on Saturday afternoon (3pm-4pm) please do not forget that everyone who is taking part will need to complete a waiver, which can be done by [clicking here](#). Please ensure you complete your waiver(s) before the day to save time getting booked in.

If we could aim to meet at Gravity Force around 2.30pm that should give us plenty of time to get organised, get everyone booked in and watch the safety video etc.

For those of you who wanted to join us at Gravity Force but missed the deadline there are still plenty of places available in the time slot that we have booked (3pm-4pm) so please feel free to book yourselves in to the same session and join us. Bookings can be made by clicking [this link](#).

Curriculum Videos on YouTube

Some of you may have noticed that our shiny new YouTube videos have disappeared from YouTube! But fear not, these videos are still available and we will continue to produce them but following discussions with headquarters around some new guidelines on video posting we are unable to leave these videos in a place where they can easily be accessed by members of the public who are not Choi Kwang Do students.

As such, whilst the White Belt Junior and Senior curriculum videos are still available on YouTube we have unlisted them so that they can only be found if you have the direct link. However, if you go to the [Student Area](#) of the website and check the curriculum pages for [White Belt](#) and [White Belt Senior](#) you will find that these are no long word documents but instead are web pages which include an embedded version of the appropriate video.

We will continue to convert the curriculum pages to this format as and when we produce a new curriculum video and we will also email a direct link to any new curriculum videos that go up.

March Special Offers

March is ladies month at Berkshire CKD! To celebrate Mother's day at the end of the month we are offering all Mum's of Choi Students a very special offer. During March if you are the Mother of a Choi student you are entitled to attend as many classes as you like throughout March completely FREE! Not only that but if you choose to sign up after March and continue your training you will receive 50% off your sign up fees and a FREE pair of hand protectives! So if any of the Mum's out there have ever thought about joining in and showing your kids how it's done there has never been a better time!

**This offer is exclusive for member's Mothers only - cannot be used in conjunction with ongoing memberships.*

To celebrate International Women's Day we are also running a similar offer for those women who don't fall in to the very specific category of "Berkshire CKD Mums". This offer is similar to the one above with free training in March for women and half priced sign up fees (but no free hand protectives). So if you know any women who may be interested in some martial arts training please let them know.

If anyone has any questions about either of these offers please contact Sabumnim Taylor, and don't worry "Berkshire CKD Dads" we'll be running the same offer for you guys in June to celebrate Fathers's day!

WARNING for Parents: MOMO Youtube Videos

Some of you may have seen articles circling on Facebook regarding MOMO Challenge videos on YouTube. These videos appear to be innocent videos of Peppa Pig, Frozen, Fortnite etc but part way through, or at the end of the video, the content will switch to disturbing images and audio encouraging children to self harm or even take their own lives. The origins of these types of videos date back to 2017 where they were linked to the deaths of 130 children. MOMO Challenges can also be found in some innocent looking apps which when downloaded will allow "MOMO" to contact children via WhatsApp messages which will again attempt to trick or threaten children in to self harm.

More details of these videos/Apps can be found in this [article](#).

We urge all parents to please remain vigilant and keep an eye on what their children are viewing online or downloading to their phones/tablets. Unfortunately we live in a world where sick individuals will prey on children and we wish all our students to remain safe online as well as in the "real" world.

Events Calendar

Following an excellent suggestion from Kyosunim Taylor you can now find all of the years events in calendar format in the student area of the website. The calendar can even be copied over to google calendar on your phone, desktop, tablet etc for easy access. The events list is also still available in its old format in the student area.

➤ [Student Area](#)

Non-Dobok Classes

The recent non-dobok classes proved to be a great success and we will be looking to hold these once a quart moving forwards. We will advise everyone of the dates for these classes once we have planned them in.

Korean Terminology Challenge – March

The words for this month's Korean terminology challenge can be found below. Little Ninja students will have until the next newsletter is released to learn these words in Korean and repeat them correctly to a Chief Instructor. Students can take as many attempts as necessary during the month and once all words have been recited successfully they will receive a terminology stamp in their books (only one stamp per month). If you do not have a terminology sheet one can be found in the student area of the website. This month's words are:

1. Rear Leg Front Kick
2. Knee Strike

Passport Photos

We require 2 passport style photographs from the below students as soon as possible. Students in red have reached the rank of yellow belt but have yet to provide a passport photo and will not be permitted to grade until a photograph is received:

Theo Williams	Marnie Williams	Olly Mercieca
Anthony O'Donnell	Edward Johnson	Lukas Johnson
Adam Hand	Johnny Sammon	

Licence/Insurance Renewals

Please note that the licence and insurance for the below students are due to expire soon. If any details have changed in the last year please return a completed insurance form and payment (£25) to an instructor, or pay via the website, to ensure that your insurance does not lapse. If all details remain the same only payment is required. Insurance forms can be found in the student area of the website or by asking an instructor. Any student with expired insurance, highlighted in red, will not be permitted to train until it is reinstated.

Emma Dineen – 01/03/19	Evan Ghedia – 01/03/19	Nathan Bullingham 06/03/19
Doreen Thompson – 01/04/19	Chris Olet – 07/04/19	

Colour Belt Grading

This month's colour belt grading will be taking place on **Sunday 31st March** at **Brakenhale School, Rectory Lane, Bracknell, RG12 7BA**.

The day is scheduled to run to the below timetable but please make sure you arrive with plenty of time to spare before you're due to grade in case the events run ahead of schedule and to give yourself time for a good stretch beforehand.

- 09.00am-10.00am – Instructors Class
- 10.00am-11.00am – Black Belt Academy
- 11.00am - Line up, pledge & principles
- 11.05am - Brown, Red, Purple, Blue, Green & Orange Belts
- 11.45am – Gold & Yellow Belts
- 12.20pm – White Belts

If you are on the grading list below please ensure that you have paid your grading fee (£25) prior to attending the grading to ensure you will be able to grade. **If payment for grading fees is made after 1pm on Saturday 30th March the fees will be £30 per student grading.**

Confirmed List

Beniamin Rapcia	Henri Regnes	Doreen Thompson
Jakub Kowalczyk	Nathan Wilkinson	Olly Merciea
Robert Hull		

Potential List

Please note students on the potential list may be eligible to grade but must continue with good attendance prior to the grading and demonstrate a thorough knowledge of their curriculum in class. Please talk to Sabumnim O'Brien closer to the grading date to confirm eligibility to grade.

Alexander Mitchell	Anthony O'Donnell	Chester Taylor
Evan Ghedia	Johnny Sammon	Katie Flitcroft
Leslie Flitcroft	Lili Flitcroft	Thomas Flitcroft
Robert Taylor	Sean Fitzpatrick	Marnie Williams
Theo Williams		

If you think you should be on the grading list and are not, please let Sabumnim O'Brien know ASAP.

NB. Sabumnim O'Brien makes all final decisions regarding grading.

Black Belt Grading

The next black belt grading will take place on **Sunday 3rd March** at **Farnborough Sixth Form College** with fellow instructors and students from many CKD schools. Please note that the time table below is only an approximation and is liable to change slightly on the day depending on numbers and belt ranks for the Dan graders.

09.00am-10.00am – Hall Setup/Dan graders to stretch and warm up

10.00am-13.00pm – Dan Grading

13.00pm-15.00pm – Colour Tag Grading

If you are on the colour tag grading list below please ensure that you have paid your grading fee (£25) prior to attending the grading to ensure you will be able to grade. **If payment for grading fees is made after 1pm on Saturday 2nd March the fees will be £30 per student grading.** For all Dan graders please ask a Chief Instructor for the fee amount for your belt rank and ensure it is paid prior to the grading day or you will not be permitted to grade.

Dan Graders - All Dan graders please talk to a Chief Instructor ASAP to confirm grading fee amount!

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Confirmed Colour Tag Graders

Caiden Taylor	Jason Taylor	Raymond O'Brien
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Potential Colour Tag Graders

Please note students on the potential list may be eligible to grade but must continue with good attendance prior to the grading and demonstrate a thorough knowledge of their curriculum in class. Please talk to Sabumnim O'Brien closer to the grading date to confirm eligibility to grade.

Kieran Darby	Nicole Kowalczyk	Marcel Kowalczyk
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If you think you should be on the grading list and are not, please let Sabumnim O'Brien know ASAP.

NB. Sabumnim O'Brien makes all final decisions regarding grading.

We hope you have a great month, Pil Seung!