



May 2019 Newsletter

MORE class changes

Starting next week exams are going to be held in the sports hall which means it will be unavailable for our use. Unlike previous years we will not need to move to an alternative venue as we have been able to secure other hall spaces at Brakenhale in our usual time slots.

From Wednesday 8th May until Wednesday 10th July (hopefully we will be back in the sports hall before then) classes will take place in the below locations:

All Wednesday Classes – Drama Studio

All Saturday Classes – Movement Studio

The Movement Studio is the hall next to the Sports Hall, where colour belt gradings take place. The Drama Studio is opposite the building where classes normally take place. If you stand outside the double white doors in between the Sports Hall and Movement Studio and look away from the building you will see a set of doors up a few steps in front of you with a set of stairs visible next to the doors. The Drama Studio is located through these doors and round the corner past the stairs. It sounds more complicated to find than it really is but we will try to have an instructor stationed outside the doors to direct students for the first couple of weeks at least.

Both the Movement Studio and the Drama Studio are much smaller than the Sports Hall so space will be tight in some classes. For the time being all classes will remain open to all ages and abilities but if we feel attendance numbers in some classes are too high to train safely in the space available we may need to look at restricting class attendance similarly to how we did over Easter or limiting the maximum number of students we can have in class.

To aid with managing class numbers please can we ask that if you usually only attend the first Saturday class, and you are able to do so, please consider attending the second class instead as we will quite often see 20-30 people in the first Saturday class and just a few in the second class.

Non-Dobok Class

The next non-dobok classes will be taking place on **Wednesday 15th May**.

This means that you can attend class outside of your uniform and wear your normal everyday clothing. The reason behind this is to give students an idea of how the clothing you wear on the street can affect your ability to perform techniques and defend yourself in a real life confrontation i.e. how much harder is it to kick with the added weight of a pair of trainers? How does wearing a pair of tight jeans affect my flexibility? Etc.

This is not compulsory but we highly recommend anyone attending classes on this day takes the opportunity to wear their street clothes and see the difference. The only thing we ask is that if you normally wear tight

jeans and a button up shirt whilst out and about please do not turn up to class wearing a nice pair of baggy tracksuit trousers and a t-shirt as this will defeat the objective of these classes.

Missing Hand Protectors?

We have recently found a couple of pairs of hand protectors in our equipment bags that do not belong to us and must have been put in the bag in error by a student. If you believe these hand protectors may be yours please let Sabumnim Taylor know the size and colour of the ones you have lost and if it matches then they will be returned to you.

Korean Terminology Challenge – May

The words for this month's Korean terminology challenge can be found below. Little Ninja students will have until the next newsletter is released to learn these words in Korean and repeat them correctly to a Chief Instructor. Students can take as many attempts as necessary during the month and once all words have been recited successfully they will receive a terminology stamp in their books (only one stamp per month). If you do not have a terminology sheet one can be found in the student area of the website. This month's words are:

1. Knife Hand Strike
2. Front Inwards Punch

Passport Photos

We require 2 passport style photographs from the below students as soon as possible. Students in red have reached the rank of yellow belt but have yet to provide a passport photo and will not be permitted to grade until a photograph is received:

Olly Mercieca
Adam Hand
Shelley Taylor
Kiel Beckett

Edward Johnson
George Beckett
Steve Cozzi

Lukas Johnson
Joshua Bryant
Alison Taylor

Licence/Insurance Renewals

Please note that the licence and insurance for the below students are due to expire soon. If any details have changed in the last year please return a completed insurance form and payment (£25) to an instructor, or pay via the website, to ensure that your insurance does not lapse. If all details remain the same only payment is required. Insurance forms can be found in the student area of the website or by asking an instructor. Any student with expired insurance, highlighted in red, will not be permitted to train until it is reinstated.

Nathan Bullingham

Aidan Tbahriti
Tony Gristwood

Chris Olet

Hannah Prangley

Abigail Taylor
Ryan Crane

Colour Belt Grading

This month's colour belt grading will be taking place on **Sunday 26th May** at **Brakenhale School, Rectory Lane, Bracknell, RG12 7BA.**

The day is scheduled to run to the below timetable but please make sure you arrive with plenty of time to spare before you're due to grade in case the events run ahead of schedule and to give yourself time for a good stretch beforehand.

09.00am-10.00am – Instructors Class
10.00am-11.00am – Black Belt Academy
11.00am - Line up, pledge & principles
11.05am - Brown, Red, Purple, Blue, Green & Orange Belts
11.45am – Gold & Yellow Belts
12.20pm – White Belts

If you are on the grading list below please ensure that you have paid your grading fee (£25) prior to attending the grading to ensure you will be able to grade. **If payment for grading fees is made after 1pm on Saturday 25th May the fees will be £30 per student grading.**

Confirmed List

Alison Taylor	Beniamin Rapcia	Evan Ghedia
George Beckett	Hannah Louise Prangley	Jakub Kowalczyk
Johnny Sammon	Joshua Bryant	Maria Roldan
Olly Mercieca	Ryan Crane	Shelley Taylor

Potential List

Please note students on the potential list may be eligible to grade but must continue with good attendance prior to the grading and demonstrate a thorough knowledge of their curriculum in class. Please talk to Sabumnim O'Brien closer to the grading date to confirm eligibility to grade.

Gemma Taylor	Edward Johnson	Lukas Johnson
Megan Spence	Nathan Wilkinson	

If you think you should be on the grading list and are not, please let Sabumnim O'Brien know ASAP.

NB. Sabumnim O'Brien makes all final decisions regarding grading.

We hope you have a great month, Pil Seung!